

Supportive Resources

Looking for more? We've curated some of our favourite books, articles, handouts, posters, and videos, into the following categories:

1. Articles and Videos from the Course Modules
2. Websites For and About Trans Children and Youth
3. Parents and Caregivers
4. Early Childhood Education
5. Picture Books
6. Nonbinary and Intersex
7. Indigenous and Two Spirit
8. Indigenous Dads
9. Faith, Religion, and Spirituality

Do you have a favourite resource that we've missed? Please email lindsayherriot@uvic.ca so we can keep updating this collection.

Articles and Videos from the Course Modules

Module 1

Video. *Girl toys versus boy toys: BBC experiment* (from module 1)
<https://www.youtube.com/watch?v=nWu44AqF0iI>

Module 2

Article. *Gender Euphoria is for Everyone.* (from module 2)
<https://www.healthline.com/health/transgender/gender-euphoria#takeaway>

Module 3

Article. *Five Unexpected Differences in Children's Clothing* (from module 3)
<https://www.parent.com/blogs/conversations/2023-5-unexpected-gender-differences-in-childrens-clothing?fbclid=IwAR0RgdfGzWVUwQ1s15u7x-DIE6z2grDHV0PM08ihvsjBE5ZbKfZZQA6br08>

Module 4

Video. *Is My Kid Trans?*
<https://www.youtube.com/watch?v=qJdafLVf6xo>

Article. *Insistent, Consistent, and Persistent: Trans Care BC*
<https://www.phsa.ca/transcarebc/child-youth/affirmation-transition/social-affirmation-transition>

Article. Caring For Kids: Canadian Pediatric Society

<https://caringforkids.cps.ca/handouts/behavior-and-development/gender-identity>

Video. CBC Kids: Gender Explained

<https://www.youtube.com/watch?v=PzGauky20tc>

Poster. Gender Justice in Early Childhood

<https://static1.squarespace.com/static/59689d4b3a0411170f5f65ce/t/61898f634be0d66d732733e8/1636405092063/Infosheet-v3.pdf>

Module 5

Video. Raising Rosie

<https://www.youtube.com/watch?v=kCaSiZre3bA>

Video. Geo Neptune: What is Two Spirit?

<https://www.youtube.com/watch?v=A4IBibGzUnE>

Module 6

Video. Pronouns: CBC Kids

<https://www.youtube.com/watch?v=OePy0AjVU7s>

Article. Adjusting to your kid using they/them pronouns by Araganey Rodriguez Da Silva

<https://www.mykidisgay.com/blog/adjusting-to-your-kid-using-theythem-pronouns>

Module 8

Handout. Working With Families

https://docs.google.com/document/d/1Dy0PCXhNsBqLcPXlhZg4A8pK_NyANDUMzm5RBtvITeA/edit

Video. Moms for Trans Equality

<https://www.youtube.com/watch?v=oysepu0LWEk>

Article. Supportive versus Rejection Parenting (Gender Spectrum)

https://www.dropbox.com/s/carw0l0j79wpitt/Supportive_vs_Rejecting_Parenting.pdf?dl=0

Article. Safety Considerations (Gender Spectrum)

https://www.dropbox.com/s/n5hmr2t731uk05m/Resources-Safety_Considerations.pdf?dl=0

Websites For and About Trans Children and Youth

Family Acceptance Project

<https://familyproject.sfsu.edu/>

The Family Acceptance Project® is a research, intervention, education and policy initiative to prevent health and mental health risks and to promote well-being for lesbian, gay, bisexual, transgender and queer-identified (LGBTQ) children and youth.

The Gender Clinic - BC Children's Hospital

<http://www.bcchildrens.ca/our-services/clinics/gender>

The Gender Clinic provides treatment with puberty blockers and/or gender-affirming hormones for transgender and gender-questioning youth. We accept referrals up to the patient's 17th birthday.

Gender Creative Kids

<https://gendercreativekids.com/>

Gender Creative Kids is a reference community organization that has supported trans, non-binary, and gender-fluid youth's affirmation within their families, schools, and communities since 2013. Also Available in French!

Gender Justice In Early Childhood

<https://www.genderjusticeinearlychildhood.com/about>

Gender Justice in Early Childhood is a collective of educators, researchers, therapists, academics, artists and activists dedicated to supporting gender justice in early childhood through community engaged scholarship, training, resource creation, and more.

Gender Spectrum

<https://www.genderspectrum.org/>

Gender Spectrum is a national organization (USA) committed to the health and well-being of gender-diverse children and teens through education and support for families, and training and guidance for educators, medical and mental health providers, and other professionals

Gender and Identity Learning Hub - Sick Kids Toronto

<https://teens.aboutkidshealth.ca/adolescenthealth?topic=gender>

Resources to answer questions you may have on sex, gender and sexual orientation as well as how to find support and resources when you need them.

Trans Care BC

<http://www.phsa.ca/transcarebc>

Trans Care BC supports the delivery of equitable and accessible care, surgical planning, and peer and community support for trans people across the province.

SOGI 123

<https://www.sogieducation.org/>

SOGI 123 helps educators make schools inclusive and safe for students of all sexual orientations and gender identities (SOGI). At a SOGI-inclusive school, students' gender does not limit their interests and opportunities, and their sexual orientation and how they understand and express their gender are welcomed without discrimination.

Parents and Caregivers

My Kid Is Gay

<https://www.mykidisgay.com/>

My Kid Is Gay is a first-of-its-kind digital presence, inclusive of videos, advice, and resources, dedicated exclusively toward helping parents understand their Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, and Asexual children. My Kid Is Gay sources voices from across the world to help answer the many questions that parents (and family members, and even teachers!) have about the LGBTQIA young people in their life, including advice from parents, youth, and experts on a variety of topics related to sexuality and gender identity.

Queer Kid Stuff

<https://www.queerkidstuff.com/>

Youtube series and website featuring bite sized videos that explain everything LGBT in accessible, kid friendly language. Includes picture book read-alouds, resources for parents and educators, a podcast, and a blog.

PFLAG Canada

<https://pflagcanada.ca/>

Pflag Canada is a national charitable organization, founded by parents who wished to help themselves and their family members understand and accept their LGBTQ2S children. There are chapters all across Canada, including virtual meetup options.

Transforming Families

<https://transformingfamily.org/>

A project of Community Partners, we are a Los Angeles-based family support group creating a positive environment for children, adolescents and their families to explore issues of gender identity.

Article. *NYTimes: Pediatrician and Mom of Trans Child*

<https://www.nytimes.com/2020/09/08/well/family/transgender-child-parenting.html>

Article. *NYTimes: Where in the world are trans children? Everywhere*

<https://www.nytimes.com/2021/06/23/opinion/trans-children-parenting.html>

Early Childhood Education

Article. *National Association for the Education of Young Children: Tate and the Pink Coat: Exploring Gender and Enacting Anti-Bias Principles*

<https://www.naeyc.org/resources/pubs/yc/mar2019/exploring-gender-enacting-anti-bias>

Article. *Literacy Today. Royal Reading: Drag Pedagogy and the Art of Queer Literacy.*

<https://publuu.com/flip-book/24429/293173/page/58>

Book. *Supporting Gender Diversity in Early Childhood Classrooms: A Practical Guide*

https://transreads.org/wp-content/uploads/2022/03/2022-03-02_621fa5a6bb6d3_SupportingGenderDiversityinEarlyChildhoodClassroomsAPracticalGuidebyEncianPastelKatieSteeleJulieNicholsonCyndiMaurerJuliaHennockJonathanJulianTessUngerNathanaelFlynnz-lib.org_.pdf

Book Chapter. *Creating Gender Expansive Early Childhood Education Settings*

https://pressbooks.bccampus.ca/gri1/chapter/_unknown_-7/

Handout. *Working with Families to Support Children's Gender Development from Gender Diversity in Early Childhood Classrooms*

https://docs.google.com/document/d/1Dy0PCXhNsBqLcPXlhZg4A8pK_NyANDUMzm5RBtvITeA/edit

Poster. *Gender Justice in Early Childhood*

<https://static1.squarespace.com/static/59689d4b3a0411170f5f65ce/t/61898f634be0d66d732733e8/1636405092063/Infosheet-v3.pdf>

Picture Books

Module 1

Jamie is Jamie: A book about being yourself and playing your way by Afsaneh Moradian and illustrated by Maria Bogade

Module 2

A house for everyone by Jo Hirst and illustrated by Naomi Bardoff

The hips on the drag queen go swish swish swish by Lil Miss Hot Mess and illustrated by Olga Dios

Module 3

Where Oliver fits, written and illustrated by Cale Atkinson

Big boys cry, written and illustrated by Jonty Howley

Module 4

It feels good to be yourself by Theresa Thorn, and illustrated by Noah Gringni

Who are you: The kids guide to gender identity by Brook Pessin-Whedbee and illustrated by Naomi Bardoff

Module 5

My Maddy by Gayle E. Pitman and illustrated by Violet Tobacco

47,000 beads by Koja Adeyoha and Angel Adeyoha and illustrated by Holly McGillis

Module 6

Jamie and Bubbie: A book about people's pronouns by Afsaneh Moradian and illustrated by Maria Bogade

It's a They! By Lindsay Herriot

What are your words: A book about pronouns by Katherine Locke and illustrated by Anne/Andy Passchier

Module 7

What makes a baby? by Cory Silverberg and illustrated by Fiona Smyth

Is it a boy, girl, or both? By Megan Roher

Being you: A first conversation about gender by Megan Madison, Jessica Ralli, and Anne/Andy Passchier

Module 8

Red, written and illustrated by Michael Hall

My rainbow by Trinity and DeShanna Neal and illustrated by Art Twink

Nonbinary and Intersex

Article. Nonbinary throughout history

<https://www.gendergp.com/non-binary-people-in-history/>

Article. They/Them Pronouns 101

<https://www.them.us/story/gender-neutral-pronouns-101-they-them-xe-xem>

Website. InterACT

<https://interactadvocates.org/>

Website. Pronouns.org

<https://pronouns.org/>

Video. Raising Rosie

<https://www.youtube.com/watch?v=kCaSiZre3bA>

Indigenous and Two Spirit

Archives. University of Manitoba: Two Spirit Archives

<https://archives.uwinnipeg.ca/our-collections/two-spirit-archives.html>

The mission of the Two-Spirit Archives is to develop an internationally-renowned centre for research that supports the needs of the Two-Spirit community; makes Two-Spirit people visible in our documentary heritage; and supports the research, teaching, learning, and community mandates of the University.

Journal. *Two Spirit Journal*

<https://twospiritjournal.com/>

2SJ provides original content of news and current events to educate, build connectivity and to put a face and voice to the diverse & vibrant Two-Spirit community in the United States and Canada.

Manual. *Native Youth Sexual Health Network: You Are Made Of Medicine - Supporting Two Spirit Youth Mental Health*

<https://www.nativeyouthsexualhealth.com/peersupportmanual>

A Mental Health Peer Support Manual for Indigiqueer, Two-Spirit, LGBTQ+, and Gender Non-Conforming Indigenous youth

Website. *Trans Care BC. Two Spirit*

<http://www.phsa.ca/transcarebc/gender-basics-education/terms-concepts/two-spirit>

Introduction to Two Spirit, including links to websites, books, films, community groups, and more

Video. Geo Neptune: What is Two Spirit?

<https://www.youtube.com/watch?v=A4IBibGzUnE>

Indigenous Dads

Article. *Dad Central. Indigenous Men as Fathers*

<https://dadcentral.ca/newdadmanual/indigenous-men-as-fathers/>

Article. *Positive Indigenous Fatherhood*

<https://enseignerlegalite.com/mic/positive-indigenous-fatherhood/>

Article. *Fatherhood is Forever*

<https://www.fnha.ca/WellnessSite/WellnessDocuments/fatherhood-is-forever.pdf>

Faith, Religion, and Spirituality

Transforming Hearts Collective

<https://www.transformingheartscollective.org/>

Believe Out Loud

<https://www.believeoutloud.com/>

Many Voices

<https://www.manyvoices.org/>

Queer Theology

<https://www.queertheology.com/>

Muslim Alliance For Gender and Sexual Diversity

<https://www.themasgd.org/>

Salaam Canada

<https://www.salaamcanada.info/>

Jewifying Queer Space (JQS)

<https://www.jqtvancover.ca/about-us>

Keshet

<https://www.keshetonline.org/>

Queer Grace

<http://queergrace.com/>

Reconciling Ministries Network

<https://rmnetwork.org/>

Hindu American Foundation

<https://www.hinduamerican.org/press/haf-policy-brief-hindu-teachings-inclusive-lgbt-people>